



Recursos establecidos en la Comunidad Disponibles para Estudiantes y Familias de WHS

Agencia	Contacto	Consejería	Consejería para Duelo	Drogas y Alcohol	Vivienda	Comida	Inmigración	Servicios Legales	Servicios para Padres Salud	Reproductiva	Crisis	Servicios de
Adolescent Counseling Services	650-424-0852 www.acs-teens.org	✓	✓	✓								
Alcoholics Anonymous	650-577-1310 www.aa-san-mateo.org			✓								
Al-Anon/Alateen	650-592-7935 www.al-anon.alateen.org			✓								
Bay Area Legal Aid	800-551-5554							✓				
CORA (Community Overcoming Relationship Abuse)	800-300-1080 www.corasupport.org	✓			✓			✓			✓	
Crisis Text Line	text BAY to 741741										✓	
El Centro de Libertad	650-599-9955 www.elcentrodelibertad.org	✓		✓					✓			
El Concilio of San Mateo Co.	650-330-7432				✓	✓						
Ecumenical Hunger Program	650-323-7781 www.ehpcares.org					✓						
Edgewood Kinship	650-832-6911 www.edgewood.org	✓			✓			✓	✓			✓
Educators for Fair Consideration	www.e4fc.org						✓					
Fair Oaks Community Center	650-780-7500	✓		✓	✓	✓	✓	✓	✓			✓
Health Right 360	650-348-6603 www.healthright360.org	✓		✓				✓				✓
International Institute of the Bay Area	650-780-7530 www.iibayarea.org						✓					
Kara	650-321-5272 www.kara-grief.org		✓						✓		✓	
Legal Aid Society of San Mateo County	650-558-0915 www.legalaidsmc.org						✓	✓				
LGBTQ Youth Talk Line	800-246-PRIDE										✓	✓
LifeMoves	650-685-5880 www.lifemoves.org				✓							
Mills-Peninsula Health Services	650-696-4666 www.mphs.org/behavioralhealth	✓	✓							✓	✓	✓
Narcotics Anonymous	650-802-5950 www.peninsulana.org			✓								
Parents Helping Parents	408-727-5775 www.php.com								✓			
Parent's Place	650-931-1840 www.parentsplaceonline.org	✓							✓			
Parent Project	650-573-2189								✓			
Parent Support Line	888-220-7575								✓			
Pathways	408-773-4241 www.pathwayshealth.org		✓									✓
Planned Parenthood	800-230-7526 www.plannedparenthood.org									✓		✓
Rape Trauma Services	650-692-7273 www.rapetraumaservices.org	✓									✓	
Ravenswood Family Health Center	650-468-8392 www.ravenswoodfch.org	✓							✓	✓		✓
San Mateo Behavioral Health & Recovery Services	800-686-0101 www.smchealth.org	✓		✓							✓	
Second Harvest Food Banks	800-984-FOOD					✓						
Sequoia Teen Wellness Center	650-366-2927	✓		✓								✓
Star Vista	650-368-3345 www.star-vista.org 800-273-8255 (crisis line)	✓	✓	✓	✓				✓		✓	